

# **SCHOOL HEALTH ADVISORY COUNCIL**

**2019-2020**

## ***Summary of Activities***

**May 11, 2020**

***We met 3 times: Oct. 7th, 2019; Dec. 2, 2019; Feb. 10, 2020. Due to the coronavirus pandemic, we were unable to meet in April 2020.***

***Members: Shelley Barron, Kellie Deters, Allan Wendt, April Martin, Joe Prado, Rachel Hilliard, Guinn Smith, Reade Barber, Rachel Barron, Mona Clifton***

- ❖ ***For the 1st time, we had students join us from the health science class at HS.***
- ❖ ***The crosswalk requested the previous year was completed allowing JH and HS students to cross Valley Forge Dr. safely. This has become the only designated place to cross for students who are walking back and forth from the JH to the HS (or vice versa).***
- ❖ ***This school year, we focused on suicide prevention (with accordance to House Bill 18). It is not to be a taboo subject anymore, and we are encouraged to talk about it to the student body. Guinn Smith was able to get some suicide prevention posters for the JH and HS counselors to display - informing students how to and where to seek help for themselves or their friends. As a class project, the health science class displayed posters with hotline #'s for poison control, child abuse, suicide prevention, bully prevention, domestic violence and teenage pregnancy on the inside of the stall doors in the restrooms at the HS.***
- ❖ ***We discussed the Texas Overdose Naloxone Initiative by the Texas Harm Reduction Alliance. April Martin attended a program that trains healthcare members and law enforcement officers to be trained opioid overdose responders and be equipped with naloxone (Narcan). A Narcan rescue kit was given to the school. Additional training will be needed and contact information for resources was obtained.***
- ❖ ***We discussed the health problem of vaping - which is taking place on our HS campus. SHAC recommended that CISD investigate and purchase devices (sometimes called a Halo) to be placed into the restrooms to alarm when vaping is taking place. Other ways of informing students of the major health risks of vaping were discussed - such as videos or having speakers present programs.***
- ❖ ***The committee approved reaching out to students with the message of "it wasn't your fault, I will listen, I will believe, I will not judge; it is time to tell" concerning the sensitive subject of child molestation - to be directed at the secondary campuses.***